



Great American Smokeout

Date: November 19, 2009

Time: 4:00 -8:00 PM

Location: RiteCare
Upper Deerfield ShopRite
1000 N Pearl St
Bridgeton, NJ 08302

★ **Attend and Receive FREE:**

- Quit Smoking Guidance
- Diabetes education
- Carbon Monoxide Screening
- Lung Age Screening
- Blood Pressure Screening
- Refreshments & Prizes

“You can quit, we’re here to help”



Sponsors: Vineland Health Department
DOES, Southern Jersey Family Medical Centers
SODAT of New Jersey

For more information visit vldhealth.org, call: 856-794-4131,
or text [vldhealth](text:vldhealth) helpmequit to 77950.